

Information Memorandum Transmittal Developmental Disabilities Services



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Number: DD-IM-22-104

Issue date: 12/15/2022

Topic: Other

Due date:

Subject: New Oregon POLST Form Effective January 3, 2023

Applies to (check all that apply):

- | | |
|--|--|
| <input checked="" type="checkbox"/> All ODHS Employees | <input type="checkbox"/> County Mental Health Directors |
| <input type="checkbox"/> Area Agencies on Aging: {Select type} | <input type="checkbox"/> Health Services |
| <input checked="" type="checkbox"/> Aging and People with Disabilities | <input checked="" type="checkbox"/> Office of Developmental Disabilities Services (ODDS) |
| <input type="checkbox"/> Self Sufficiency Programs | <input checked="" type="checkbox"/> ODDS Children's Intensive In Home Services |
| <input checked="" type="checkbox"/> County DD Program Managers | <input checked="" type="checkbox"/> Stabilization and Crisis Unit (SACU) |
| <input checked="" type="checkbox"/> Support Service Brokerage Directors | <input type="checkbox"/> Other (<i>please specify</i>): |
| <input checked="" type="checkbox"/> ODDS Children's Residential Services | |
| <input type="checkbox"/> Child Welfare Programs | |

Message:

Updates to the Oregon POLST form will be effective January 3, 2023.

Forms submitted after July 1, 2023, must meet the new requirements to be accepted into the Oregon POLST Registry. Existing POLST forms remain effective.

Key changes include:

- Documentation of who was present for a conversation about completing the POLST is now required. Requiring documentation of those individuals who participated in the discussion reinforces the patient's right to support person(s) for these important conversations.
- If "Attempt Resuscitation/CPR" is selected, then full treatment must be chosen.

As a reminder:

- POLST forms are voluntary. A POLST can never be required by a service provider.

- Direct Support Professionals are expected to follow the person’s preferences, including those in a valid POLST.
- Completing a POLST form is highly recommended for patients who wish to set limits on their treatment and who have a serious illness that is in the advanced stages. It is not appropriate for persons with stable long-term disabilities.

Additional information:

- Additional information for patients and families is available in English and Spanish on the Oregon POLST website at oregonpolst.org.
- See also:



Training/communication plan:

This transmittal will be discussed during the next Monthly Transmittal Review. Please send questions in advance to ODDS.Questions@odhsoha.oregon.gov.

The Monthly Transmittal Reviews are held the second Wednesday of every month at 2 pm using the Zoom platform. Please register in advance for these meetings: <https://www.zoomgov.com/meeting/register/vJlsc-qvqD8iGURx5OQk8TAdIS6Arg9ZAf4>

After registering, you will receive a confirmation email containing an appointment and information about joining the meeting. American Sign Language (ASL) and live captioning will be provided. To request other accommodations or languages, please send an email to ODDS.Questions@odhsoha.oregon.gov at least three business days prior to the meeting.

If you have any questions about this information, contact:

Contact(s): Bryan Pollard and Field Liaison Team	
Phone:	Fax:
Email: ODDS.FieldLiaison@odhsoha.oregon.gov	